



**XUQUUQDA IYO WAAJIBAADKA
MACMILKA**
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CASE NAME

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Waxa aan masuul ka ahay:

- Inaan qaybta ama xafiiska u soo sheego haddii aan uur leeyahay, aan u baahan ahay daryeel caafimaad oo degdeg ah, ay i haysato dhibaato u baahan in dhakhsa wax looga qabto sida lacagtii cunto lagu iibsan lahaa oo aanan haysan, ama guri-ka-saard si ay DSHS wax uga qabato codsigaya wakhtiga ugu dhakhsaha badan ee suurogalka ah.
- In aan siijo qaybta ama xafiiska warka ay u baahan yihiin si ay go'aan uga gaadhaan in gargaar la i siin karo iyo in kale. Warka aan siijo qaybta waxa hubin ku samayn kara saraakiisha federalka iyo kuwa gobolka. Hubinta waxa ka mid noqon kara la-xidhiidhis katabat ah oo shaqaalaha qaybtu sameeyaan, waxana shaqaalaha ka mid noqon kara baadhayaasha xatooyada.
- In aan bixiyo cadayn marka loo baahdo. Haddii helista cadayntu dhib igu tahay, qaybta ayaa iga gargaari karta siddi cadaynta loo heli lahaa ama kala xidhiidhi karta dad ama hay'ado kale si loo helo.
- Inaan soo sheego wixii isbeddel ah haddii aan doonayo in qaybtu wax ka beddesho gargaarka Raashinka Aasaasiga ah ee la i siijo (Basic Food). Haddii aanan soo sheegin isla markaana keenin cadeyn kharashyadaa, waxa aan markaa leeyahay ma doonayo in qaybtu u isticmaasho kharashyadaa inay go'aan kaga gaadhaan in la ii soo kordhin karo gargaarka Raashinka Aasaasiga ah (Basic Food).
- In aan u soo sheego wixii isbeddel ah sida u qorayo xeerka WACs 388-418-0005 iyo 388-418-0007. Haddii la i siijo gargaar kaash ama Raashin Aasaasi ah (Basic Food), waa in aan soo sheego wixii isbeddel ah 10 cisho gudahood laga bilaabo taariikhda aan ogaado isbeddelka. Haddii la i siijo gargaarka caafimaad (medical), waa in aan isbeddelka ku soo sheego 20 cisho gudahood laga bilaabo taariikhda aan ogaado isbeddelka.

- In aan la shaqeeyo Qaybta Masruufka Ilmaha (Division of Child Support) (DCS) haddii aan ogalaado inaan qaato gargaarka TANF ama taageero caafimaadka. Waa inaan Qaybta Masruufka Ilmaha (DCS) ka gargaaro siddii ay ilmaha aan hayo ugu sameyn lahayd, wax ka beddeli lahayd, ama ugu hirgalin lahayd masruuf, isla markaana u soo xaqiijin lahayd aabaha ilmaha (haddii loo baahdo). Waan diidi karaa in aan la shaqeeyo Qaybta Masruufka Ilmaha (DCS) haddii aan haysto sabab wacan oo lagu rumeysan karo in la-shaqeynta Qaybta Masruufka Ilmuu (DCS) ay halis galin karto naftayda, caruurtyada, ama caruurta aan anigu daryeelo, halistaasoo ka imanaysa waalidka ilmo-ma-hayaha ah.
- Inaan codsi u sameysto isla markaana sameeyo wixii ah dadaal caqli-gal ah si aan u helo wixii ah dhaqaale suurogal ah ee ay binayayaan hay'addaha kale marka aan qaybta ka codsanayo ama ka qaato gargaar kaash ah, gargaarka caafimaadka qoyska ee caruurta, caafimaadka uurka, ama gargaar caafimaad oo la xidhiidha SSI.
- In aan buuxiyo wixii ah warbixin iyo dib-u-fiirin la rabo marka la iga codsado.
- In aan daydaydo, helo, haystana shaqo ama ka qaybgalo hawlo kale haddii sidaa laga rabo qofka qaata gargaarka kaashka ama raashinka.
- Inaan tuso dhakhtarkayga ama daryeel-bixiyahayga kaadhkayga aqoonsiga caafimaadka ama warqadda u-banaanaanta ee qaybta.
- Inaan qaybta soo ogeysiyo haddii aan doonayo in qof kale isticmaalo gargaarkayga Raashinka Aasaasiga ah (Basic Food) isagoo aniga wakiil iga ah.
- In aan idin kala shaqeeyo habka ama hawlaha dib-u-fiirinta Dhawrista Tayada.

Waxa aan fahamsanahay:

- Marka la i siijo Gargaarka Ku-meel-gaadhsiiiska ah ee Qoysaska Baahan (Temporary Assistance for Needy Families) (TANF) ama gargaarka caafimaadka, waxa aan Qaybta Masruufka Ilmaha (DCS) ku wareejiyay xuquuqda masruufka ilmaha ama taageerada daryeelka caafimaadka. Taa macnaheedu waxa weeye in DCS ay haysan karto masruufkii aniga la i siin lahaa. Haddii aan qaato kaliya gargaarka caafimaadka, DCS waxay ii qaban kartaa adeegyada raadinta masruufka ilmaha oo buuxa haddii aan anigu si qoraal ugu sheegin inaan doonayn adeegyadada.
- Marka aan qaato TANF, waa inaan DCS u soo sheego haddii aan qaataj lacagta masruufka ilmaha ama gargaar ilmaha loogu talogalay.
- Haddii aan iska joojiyo gargaarka TANF ama caafimaadka (medical assistance), waa inaan DCS u soo sheego wixii isbeddel ah ee saameynaya masruufka ilmaha, sida ilmaha oo meel kale loo kaxeeyo ama adreeskayga oo isbeddelka.
- Haddii la i siijo TANF, waxa aan codsan karaa lacag dheeraad ah oo iga gargaarta bixinta kharashka hoyga ku-meel-gaadhsiiiska ah ee degdeggaa ah.
- Waa in aan keeno Lambarada Sugidda Bulshada (Social Security Numbers) (SSN)* ama sharciga imigarayshanka ay leeyihii kaliya dadka aan gargaarka u codsanayo. Haddii aan doorto in aanan bixin lambarada sugidda (sooshiyalka) (SSN) ama sharciga imigarayshanka ay leeyihii dadka guriga jooga ee aan wax loo codsanaynin, waa in waliba la soo xaqiijiyaa dhaqalaaha soo gala xubnaha qoyska iyo illaha dhaqalaaluhu ka soo galo haddii loo baahdo si go'aan looga gaadho u-banaanaanta.
- Waa la iga saari karaa barnamijka Raashinka Aasaasiga ah (Basic Food) haddii aan jabiyo sharci u leeyahay barnamijka Raashinka Aasaasiga ah sida lagu sheegay digniinta ganaaxa jabinta sharciga raashinka ee ku qoran bogga labaad ee warqaddan.
- Marka aan codsado qaatana gargaarka daryeelka caafimaad, waxa aan ku wareejiyay (ama anuu ku wareejinay) Gobolka Washington xuquuqdayda (xuquuqdayada) taageerada daryeel caafimaad iyo wixii ah lacag loogu talogalay daryeel caafimaad ee ay cid kale bixinayso mudadada qaadashada gargaarka daryeel caafimaad.

- Marka sharciga la eego, haddii aan jiro 55 sannadood ama aan ka weynahay ISLA MARKAANA la i siijo Medicaid ama adeegyada daryeelka mudada dheer, waxa DSHS suurogal u ah inay wax ka goosato wixii maal aan ka dhinto (waa maalka aan leeyahay wakhtiga geeridayda) si DSHS u soo ceshato lacagtii kaga baxday gargaarka caafimaadka, adeegyada caafimaadka, ama daryeelka mudada dheer. DSHS waxay soo ceshan kartaa kaliya adeegyada daryeelka mudada dheer ee dawlagdu maalgalisay lana qaatay **cimri kasta**. Waxa taa loo yaqaanaha SOO-CESHI MAAL. Adeegyada Mudada Dheer (Long-Term Care) waxa ku jira COPES, CAP, OBRA, CASA, Medicaid Personal Care, Adeegyada Hoyga Waayeelka 'Nursing Home,' caafimaadka maalinta ee qof weyn 'adult day health,' iyo daryeelka waayeele ee gaarka ah 'private duty nursing' iyo adeegyada kale ee u bixiyo 'Home and Community Services (Adeegyada Hoyga iyo Beesha) iyo 'Division of Developmental Disabilities' (Qaybta Naafadda Maskaxda).
- Soo-ceshiga maalku waxa uu dhici doonaa ka dib geeridayda iyo geerida xaaska/ninka iga soo hadha, hadday jiraan. Haddii aan leeyahay dhaxalfooyo-lahaadayaal aan masuul ka ahaa, sooceshiga maalka dib baa loo dhigi karaa iyadoo sababtu tahay duruuto adag qaarkood.
- Waan diidi karaa in aan la hadlo baadhaha Goor Hore Ogaanta Xatooyada (Fraud Early Detection) (FRED) ee ka socda Qaybta Baadhista Xatooyada (Division of Fraud Investigation). Qasab igu ma aha in aan u soo daayo baadhaha gurigayga. Waxa aan baadhaha ka codsan karaa inuu soo noqdo wakhti kale. Taasi waxyeelo uma geysan karto u-banaanaytayda gargaarka.
- Waxa la igu amri karaa in aan ku koobnaado hal bixiye daryeel caafimaad, hal farmasi, iyo/ama hal cisbitaal haddii aan goobaha caafimaadka ka doonto adeegyo caafimaad oo aan loo baahnayn.
- Waxa aan codsan karaa dhageysi garsoor ama dhexdhedaan ah haddii aanan raallii ka ahayn go'aanka qaybtu ka gaadhy arrintayda. Waxa kale oo aan codsan karaa in qof maamule ama madax ahi dib u eego go'aanka ama talaabada la isku hayo ama aanan raallii ka ahayn iyadoon taasi waxba yeelin xaqayga dhageysi garsoor ama dhexdhedaan.

Qaybtu waxay masuul ka tahay:

- In aanu ogalaano codsiga u ku qoran yahay magacaagu, adreeskaagu, iyo saxeexaagu maalinta aad u timaadid barnaamij ka mid ah kuwa ay DSHS bixiso.
- In aanu kaa caawino buuxinta warqadaha haddii aad gargaar na weydiisatid.
- In aanu kaga shaqayno codsigaaga Raashinka Aasaasiga ah shan (5) cisho gudahood haddii u kuu banaanaado ayna ku hayso baahi degdeg ah ood u qabtid raashin.
- In aanu ku siino warqad ka-qabasho ama risiidh ah marka aad qaybta u dhiiabit codsi ama waraaqo kale haddii aad naga codsatid warqad rishiidh ah.
- In aanu ku siino go'aan qoran, wakhtiga intiisa badan, 30 cisho gudahood. Codsiyada caafimaadka iyo naafada qaarkood waxay qaadan karaan 45 ilaa 60 cisho. Codsiya caafimaadka dumarka uruka leh waxa lagu ogalaadaa 15 cisho oo ah maalmaha shaqada gudahood.
- In aanu ku siino ugu yaraan 10 cisho si aad u keentid warka loo baahan yahay si go'aan looga gaadho u-baanaantaada. Haddii aanad na siin warka loo baahan yahay si go'aan looga gaadho u-baanaantaada ama aanad codsan wakhti dheeraad ah ood noogu keentid warka lagaa rabo, waxa markaa iman doonta in aanu diidno codsigaaga gargaarka.
- In aanu kuu soo dirno ogeysiis qoran, wakhtiga intiisa badan, ugu yaraan 10 cisho ka hor inta aanaanu samaymin isbeddel lagu yaraynayo ama lagu joojinayo gargaarka lagu siin jiray.
- In aanu kugu dhiirgalino in aad sii wadid codsigaaga gargaarka Raashinka Aasaasiga ah xiita haddii ay dhici karto in aanay kuu banaanay barnaamijada kale ee gargaarka.
- In aanu kugu wargalino in xeerka qoraya xadka ah 60-ka bilood ee u ku shaqeeyo barnaamijka Gargaarka Ku-meel-gaadhsiliska ah ee Qoysaska Baahan (Temporary Assistance for Needy Families) (TANF) aan lagu dabiqi karin ama aanu qaban karin gargaarka Raashinka Aasaasiga ah, caafimaadka, ama gargaarka daryeelka sii-haynta ilmaha.
- In aanu ka shaqayno codsigaaga gargaar caafimaad xiita haddii aanay kuu banaanay barnaamijada kale ee gargaarka.
- In aanu ku siino gargaar caafimaad oo sii socda inta aanu go'aan ka gaadhayno haddii u kuu banaan yahay barnaamij kale oo caafimaad ka hor inta aanaanu joojin gargaarkaaga.
- In aanu ku siino turjubaan ama adeegyo turjubaan oon adiga lacag kugu joogin isla markaana aanay daahid badani ku dhicin helitaankaaga gargaarka.
- In aanu kaa gargaarno sidii aad isu qori lahayd codbixinta.
- In aanu la wadaagno taariikhda talaalka ilmahaaga Barnaamijka Raadraaca Taariikhda Talaalka Ilmaha (Child Profile Immunization Tracking System).

Digniinta Ganaaxa Jabinta Sharciga Gargaarka Raashinka Aasaasiga ah

Waxa aanu war ku saabsan dadka codsanaya gargaarka Raashinka Aasaasiga ah u dirnaa hay'adaha kale ee federalka si loo hubiyo in warku sax yahay. Haddii ay dhacdo in warku aanu sax ahayn, waxa dhici karta in dadka codsiga samaystay aanay helin gargaarka Raashinka Aasaasiga ah. Haddii qof u bixiy war u ogyahay in aanuu sax ahayn, waxa dhici karta in lagu qaado dambi. Ganaaxa ka yimaada marka si ogaan ama kas ah loo jabiyo sharciga gargaarka Raashinka Aasaasiga ah waxa uu noqon karaa mid ah u-diidis gargaar, ilaa ganaax, iyo xiita ilaa xabsi ama xadhig suurogal ah.

Digniinta Ganaaxa Waajibka Shaqada ee Raashinka Aasaasiga ah

Haddii la iga rabo in aan ka qaybgalo waajibka shaqada ee gargaarka Raashinka Aasaasiga ah, ay dhacdana in aan ka soo bixi waayo ka-qaybgalka, waxa wax la ii diidi karaa hal bil iyo ilaa inta aan ka soo baxayo waajibka shaqada; taasi waa ganaaxa ka-soo-bixis la'aanta koobaad; ka-soo-bixis la'aanta labaad waa saddex bilood iyo ilaa aan ka soo baxayo waajibka; ka-soo-bixis la'aanta saddexaad waa lix bilood iyo ilaa inta aan ka soo baxayo waajibka; wixii ka dambeeyaaana waa sidaa oo kale.

Digniinta Ganaaxa Ku-khamaaridda Kaashka ama Kaadhka EBT (Electronic Benefits Transfer)

Waa sharci-daro in kaadhka EBT loo isticmaalo khamaar. Waxa kale oo sharci-daro ah in khamaar la ciyaaro iyadoo la isticmaalayo kaash lagala soo baxay kaadhka EBT. Khamaarka waxa ku jira tigidhada baktiyaa-nasiibka, kaadhadhka loo yaqaan 'pull tabs,' khamaarka god-riixista 'punch boards,' bingo, tartanka fardaha, khamaarka kaasino, iyo ciyaaraha kale ee khamaarka ah ee lagu qeexay xeerka RCW 9.46, 67.16 iyo 67.70. Ku-khamaarista lacagta EBT waxa ka iman kara talaaabo sharci, waxa kaloo ka iman kara in laguu sameeyo qof kuu maamula lacagta kaadhkaaga EBT kuugu jirta, ama in lagaa joojiyo dhamaan gargaarka kaashka.

Iyadoo la raaco xeerka Federalka iyo ka Wasaaradda Beeraha ee Maraykanka (U.S. Department of Agriculture) (USDA) iyo xeerka Wasaaradda Caafimaadka iyo Adeegyada Bulshada ee Maraykanka (U.S. Department of Health and Human Services) (HHS), waxa xafiiskan mamnuuc ka ah takoorista ku salaysan jinsiga, midabka, asal wadan, lab iyo dhedig, cimri, ama naafo. Marka la eego Xeerka Gargaarka Raashinka (Food Stamp Act) iyo peer-dhaqanka USDA, takoorista ku salaysan diin ama ra'yii siyaasadeed waa la mamnuucay.

Si aad u xareysatid dacwad ku saabsan takooris, la xidhiid USDA ama HHS. Warqad u soo qor Maamulaha USDA oo ku soo hagaaji: USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Avenue S.W., Washington, D.C. 20250-9410 ama soo wac (202) 720-5964 (codka iyo maqal-laawaha/TDD). Warqad u soo qor maamulaha HHS oo ku soo hagaaji: HHS, Director, Office for Civil Rights, Room 506-F, 200 Independence Avenue, S.W., Washington, D.C. 20201 ama soo wac (202) 619-0403 (codka) ama (202) 619-3257 (maqal-laawaha/TDD). USDA iyo HHS waa shaqo iyo adeeg bixiyaaal ku shaqeeyaa fursad loo wada siman yahay.

*Dawladda gobolka iyo federalku waxay lambarada Sugidda Bulshada (Social Security) ee la bixiyo u isticmaali doonaan si loo cadeeyo aqoonsiga xubnaha guriga, loo hubiyo u-baanaanta, loo joojiyo laba-jeer qaadashada, loo soo xareeyo sheegashada, iyo si hay'adaha kale la isu weydaarsado warka iyadoo la isticmaalayo kombiyuutar si loola socdo waafaqsanaanta xeerarka barnaamijka iyo maamulidda barnaamijka. Waxa kale oo warkan la siin karaa saraakiisha fulinta sharciga iyadoo ulajeedadu tahay soo-qabashada dadka ka baxsanaya sharciga. Ururinta lambarada sugidda bulshada (social security numbers) waxa lagu ogalaaday Xeerka Gargaarka Raashinka ee 1977 (Food Stamp Act), laguna kabay xeerka, 7 U.S.C. 2011-2036.